

Washington summers are among the most beautiful in the country. The warm sun beaming through the trees. The cool breeze bouncing off the Pacific Ocean. With all that beauty, it's important to remember the seasonal risks it brings too.

OPEN WINDOWS ARE A SUMMERTIME HAZARD

Letting in the summer breeze can also be a hazard, especially if your windows are on a second story or higher. Every summer we treat patients who fell from open windows.

Here are six tips for how to safely enjoy that summer breeze:

1. Never rely on window screens to prevent children from falling out of a window.
2. Keep windows closed in rooms where children play.
3. Open windows from the top rather than the bottom when possible.
4. If you must open windows from the bottom, open them only 4 inches or less.
5. Move beds, cribs, chairs, tables and other furniture away from open windows.
6. Commercial window guards are available and can be installed to prevent falls.
7. Be sure window guards have a release mechanism to allow escape in the event of a fire.

TOP 10 WATER SAFETY TIPS

Each summer an average of 25 children and teens drown in Washington State alone. As the weather heats up and pools, lakes, rivers, and beaches welcome a wave of visitors, keep these top 10 water safety tips in mind to keep you and your family safe.

Did you know that drowning is the second leading cause of injury-related death in children 1-14 in the United States? According to the [WA State Department of Health](#), for children ages 1-4 most drownings occur in residential swimming pools where the child had been last seen in the home, had been missing for less than 5 minutes, and was under the supervision of one or both parents.

As summer ramps up and pools, lakes, rivers, and beaches become a family destination, we urge you to keep these ten water safety guidelines in mind for you and your loved ones:

1. Learn to swim.
2. Take water safety class, learn first aid and CPR ([like the CPR class we offer!](#)).
3. If operating a boat in the state of Washington – you must have a Boater Education Card.
4. ALWAYS supervise children on, in or around water.
5. Do not drink alcohol while swimming or boating.
6. Do not attempt a rescue unless you have specialized training and/or equipment.
7. Be aware of your surroundings and potential water hazards.
8. Moving water (rivers) is very dangerous. Good swimmer or not, always wear a life jacket.
9. Pay attention to the weather and tide tables.
10. Know the temperature of the water to prevent hypothermia.

BEAT THE BURN

Sunburns aren't the only burns you need to worry about this summer. Even sandy beaches can bake under the hot sun to temperatures that will burn your feet. Here are some of the unexpected places you might feel the burn and how to avoid the risks.

Summer brings with it burn risks around every corner, but it's not just the sun you need to worry about. Here are some of the burn risks you need to be aware of this summer and how to keep your skin safe:

Sunburns

- Avoid direct sunlight during peak hours – 11:00 a.m. to 3:00 p.m.
- Don't wait for skin to change color or feel uncomfortable before covering up or applying protective lotion. Observe personal time limits for sun exposure.
- Apply sunscreen 30 minutes before going outside. Reapply after exercise or water play.
- Ultraviolet rays penetrate clouds and clothing, and reflection from sand, water, streets, and patio floors.
- Sunscreen is also needed on cloudy days, in shade, and on sensitive skin areas under clothing when sunlight is strong.
- For further sun protection, wear a hat, sunglasses and light-colored clothing.

Beaches

- Sand or asphalt can severely burn your feet. Always bring footwear to the beach.
- Use a beach umbrella for extra sun protection.
- Set time limits for sun exposure.

Fireworks

- Consumer fireworks are prohibited in the City of Renton; possession and use is subject to a fine and confiscation of the fireworks.
- Please leave the fireworks to the professionals and celebrate safely at the [Fabulous 4th of July Celebration at Gene Coulon Park](#).

Other

- Only use charcoal lighter fluid to start charcoal briquettes.
- Keep children and pets away from barbecues and camp stoves.
- Avoid letting children play in close proximity of a campfire.
- Remember if someone's clothes catch fire – **Stop, Drop and Roll**, smother flames with a coat or blanket and call 9-1-1 immediately.
- Wait for the engine of a lawn mower to cool before refueling, never refuel while the engine is hot or running.

RENTON IS ZERO TOLERANCE ON FIREWORKS

- Renton voters banned fireworks within city limits in 2005. Since, Fire and Police throughout the city have worked to heed the call of the community and enforce the ban. This year, Renton RFA and Renton Police will be teaming up to patrol with a zero tolerance stance on fireworks.
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- If found with fireworks inside Renton city limits, violators will be asked to surrender them. If fireworks are not readily surrendered, they will be confiscated and fines and/or penalties will be issued by the Police Department.
- The safety of the community is our highest priority. Please leave the explosives to the pros and join us, and the local community, at Gene Coulon Memorial Beach Park for the 16th Annual Fabulous 4th of July Celebration

Renton RFA responded to **1,340 incidents** during the month of June, 2018. Below are details on the most significant incidents that occurred throughout the month.

6 Significant Fires

- On **6/1/18** Renton RFA responded to a structure fire in Skyway. We provided assistance to Skyway FD with 2 engines, 1 ladder truck and 2 officer rigs for a total of 11 personnel from stations 11 and 14. The structure fire was caused by a cooking fire that spread from the kitchen. Since this was an out of jurisdiction incident it is unknown if anyone was displaced by the incident.
- On **6/2/18** Renton RFA responded to an apartment structure fire in Skyway. We provided assistance to Skyway FD with 1 engine and 1 officer rig for a total of 4 personnel from station 11. The cause of the structure fire was undetermined at the time of the incident but the fire is being investigated by the King County Fire Investigator. One adult female was displaced and is getting assistance from the Red Cross.
- On **6/3/18** Renton RFA responded to a structure fire on SE 180th St in the Fairwood neighborhood. We responded in conjunction with Puget Sound Regional Fire Authority with 2 engines, 1 aid car and 2 officer rigs for a total of 10 personnel from stations 13 and 17. The structure fire was caused by a portable heater that shorted out while plugged into the wall. Two adult females were displaced and are getting assistance from the Red Cross.
- On **6/6/18** Renton RFA responded to a structure fire in Skyway. We provided assistance to Skyway FD in conjunction with King County Medic One and Tukwila FD with 1 engine, 1 ladder truck and 2 officer rigs for a total of 8 personnel from station 11. The cause of the structure fire was undetermined at the time of the incident but the fire is being investigated by the King County Fire Investigator. Red Cross had been requested to provide assistance for the residents.
- On **6/21/18** Renton RFA responded to an RV fire on northbound I-405 at N 30th. We responded in conjunction with Tukwila FD, Bellevue FD and Skyway FD with 2 engines and 1 officer rig for a total of 7 personnel from stations 11 and 12. The cause of the RV fire was undetermined at the time of the incident but the RV fire also ignited a brush fire on the hillside next to the freeway which was extinguished by the fire crews on scene.
- On **6/29/18** Renton RFA responded to a structure fire on SE 164th St in the Benson Hill neighborhood. We responded in conjunction with Tukwila FD and Puget Sound Regional Fire Authority with 2 engines, 1 aid car, 1 ladder truck and 2 officer rigs for a total of 13 personnel from stations 11, 13 and 17. The structure fire was caused by a spark from electrical equipment. No one was injured or displaced.

5 Significant EMS

- On **6/1/18** Renton RFA responded to a 2 car motor vehicle accident at S 2nd St in Downtown Renton. We responded in conjunction with King County Medic One with 1 engine and 1 officer rig for a total of 4 personnel from station 11. There were only minor injuries reported as a result of the incident.
- On **6/8/18** Renton RFA responded to a 2 car motor vehicle accident with injuries at Stevens Ave SW near Downtown Renton involving a car and a tow truck. We responded in conjunction with King County Medic One with 1 engine, 1 ladder truck, 1 aid car and 1 officer rig for a total of 9 personnel from stations 11, 14 and 13. There was one critically injured patient transported to Valley Medical Center that had to be extricated.
- On **6/18/18** Renton RFA responded to Coulon Beach Park for a reported drowning. We responded in conjunction with King County Medic One with 1 engine, 1 ladder truck, 1 aid car and 1 officer rig for a total of 9 personnel from stations 11 and 13. Upon arrival the patient had already been pulled out from the water and there was ongoing bystander CPR. CPR was continued by the EMT's and patient transported to Harborview Medical Center for further medical treatment.
- On **6/22/18** Renton RFA responded to an EMS call for a stabbing in the Fairwood neighborhood on 151st Ave SE. We responded in conjunction with King County Medic One with 1 engine, 1 aid car and 1 officer rig for a total of 6 personnel from station 17. The incident was because of a dispute between neighbors in which alcohol may have been a factor. This incident resulted in two critically injured patients, one of which, was transported to Harborview Medical Center.
- On **6/27/18** Renton RFA responded to a motorcycle crash on Hwy 169 and 140th Way SE. We responded in conjunction with King County Medic One with 1 engine, 1 ladder truck, one aid car and 1 officer rig for a total of 8 personnel from stations 11 and 17. The motorcyclist was witnessed traveling at a very high rate of speed. Alcohol is also suspected as being a factor in this incident. The rider was transported to Harborview Medical Center with critical injuries.

1 Significant Rescue

- On **6/10/18** Renton RFA responded to a seaplane in the water just off shore of the Renton Airport. We responded in conjunction with Mercer Island FD with 2 engines, 1 ladder truck, 1 aid car, 1 dive unit and 2 officer rigs for a total of 17 personnel from stations 11, 12 and 16. The crash was caused by a swirl of wind from a passing boat hitting one of the pontoons causing the strut to buckle and the wing of the plane to hit the water. There were no injuries and no obvious signs of any leaked fuel from the incident.

1 Public Assistance

- On **6/21/18** Renton RFA responded to a request for hazmat assistance in an arrest warrant being served on S 208th St in Des Moines. We provided aid to South King Fire & Rescue with 1 officer rig and 1 hazmat unit for a total of 4 personnel from station 14. The suspect was taken into custody without incident and it was determined there was no hazmat threat.